

## **EMPAD pilot training course week in Munich**

From Sunday, May 15th until Friday May 20th, the first EMPAD pilot training took place in Munich. The participants came from Slovenia and Spain, the trainers were members and staff from Clubhaus Schwalbennest and Clubhaus München Giesing.

One of our best experiences was the enthusiasm of the participants. They absorbed any information about Clubhouse like a sponge. It seemed like they heard for the first time, that psychiatry can work differently than in their home country and maybe they did. They were very interested in participating in the work ordered day and to share their impressions during the discussions.

For us the pilot training gave a chance to reconsider the concept of the Clubhouse model. We live it every day, but in the discussions we had to explain it in detail and to fill it with our own experiences. As a result we were forced to think about our every day's doing very intensely. We could bring in our own abilities in a very different frame as we are used to do.

It is fun to work in a transnational project. One can learn from the other how psychiatry works in the other country, exchanging the local experiences. Maybe we can accompany the birth of a new Clubhouse in Romania or Slovenia that would be one of the most satisfying results of the training.

By Charly Kahl-Gortan and Andrea Strasser  
Trainers at the pilot week