



Education and Culture DG

## Lifelong Learning Programme

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NATIONAL INSTITUTE FOR HEALTH AND WELFARE

# EMPAD – Empowering Adults with Mental Illness for Learning and Social Inclusion

14.3.2011

# Project information

- **Title:**

EMPAD – Empowering Adults with Mental Illness for Learning and Social Inclusion

- **Duration:**

01/11/2010-31/10/2012 (24 months)

- **Funding:**

European Commission, [Lifelong Learning Programme](#), Sub-programme Grundtvig (Adult education)

**Budget:**

- Empad project 396.167,00 € (own funding 25%)
- Additional fund: Third country participation 41.444,00 (own funding 40%)
- Total financing 437.611,00€



# Project Objectives

- To create a new training program for adult education staff and other professionals working with people with mental illness.
- The EMPAD training will give an orientation to Community Based Rehabilitation (CBR) services and especially to the Clubhouse method, which emphasizes the recovery orientation, learning opportunities and the labour market integration of people with mental illness.
- The EMPAD training program will be piloted during the project and the final training product will be offered to European audience via Comenius-Grundtvig Training Database (<http://ec.europa.eu/education/trainingdatabase/search.cfm>).
- In the long term the project will facilitate new CBR-programs and training possibilities for adults with mental illness in countries and areas where similar possibilities are not yet available. Increased number of CBR-programs will give more opportunities for disadvantaged citizens to take part in lifelong learning and to be included in society.



# Additional part: Third Country participation

- International Center for Clubhouse development (ICCD) will participate to the EMPAD project as a "third country partner". Third country participation is a new innovation in the Lifelong Learning program ("Third country" = countries outside Europe).
- ICCD is bringing into the EMPAD project its worldwide experience and knowledge on community based psychosocial rehabilitation programs.
- ICCD will provide a Manual of best practices outside Europe, summary of international research findings, Manual of quality management in Community based rehabilitation and open web-based learning material.



# Partnership

- THL - National Institute for Health and Welfare (Project Coordinator, Finland)
- Der Paritätische Bayern / Clubhaus Scwalbennest & Clubhaus Giesing (Germany)
- Helsingin Klubitalo (Finland)
- De Waterheuvel (Netherlands)
- Papilot (Slovenia)
- Fountain House Stockholm (Sweden)
- Fundatia Estuar (Romania)
- Foundation UZTAI Fundazioa (Spain)
- Zavod RUJ (Slovenia)
- *Third Countries participation*: ICCD - International Center for Clubhouse Development (USA)



# Project Activities

- 2 EMPAD Pilot courses (5 days each, Munich & Amsterdam)
- 2 EMPAD courses (5 days each, Helsinki & Stockholm)
- 5 project meetings
- The Final Conference
- National dissemination seminars and workshops
- Teleconferences



# Project Outcomes

- The Empad training programme
- 2 pilot courses and 2 Empad courses
- Empad training file
- Research: Comparative review on the distribution of the Community based rehabilitation in Europe (case Clubhouse) and needs analysis report
- EMPAD video document and cd rom, website, brochures, 5 newsletters
- Final Conference and national seminars



# Contact information

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